**Rwanda Journal of Medicine and Health Sciences**

**Submission checklist** – **Perspective Articles**  
  
The following list will be useful during the final checking of an article prior to submitting it to the journal for review. Please consult the **Guide for Authors** for further details of any item.

**Ensure that the following items are present:**

One author has been designated as the corresponding author with contact details:

* E-mail address
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All necessary files have been uploaded, and contain:

* Cover Letter
* Author Agreement form
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* Abstract – Between 150-200 words
* Keywords (1-5)
* 1500 – 3000 words and should include the following sections
  + Abstract
  + Introduction
  + Topics (with headings and subheadings)
  + Conclusion and Outlook
* Separate Figure and Table files
  + Maximum of 6 Figures
  + Maximum of 3 Tables
* All figure and Table captions
* Maximum of 30 references
* Conflict of interest statement

Further considerations:

* Manuscript has been 'spell-checked' and 'grammar-checked'
* References are in the correct format for this journal
* All references mentioned in the Reference list are cited in the text, and vice versa
* Permission has been obtained for use of copyrighted material from other sources (including the Web)